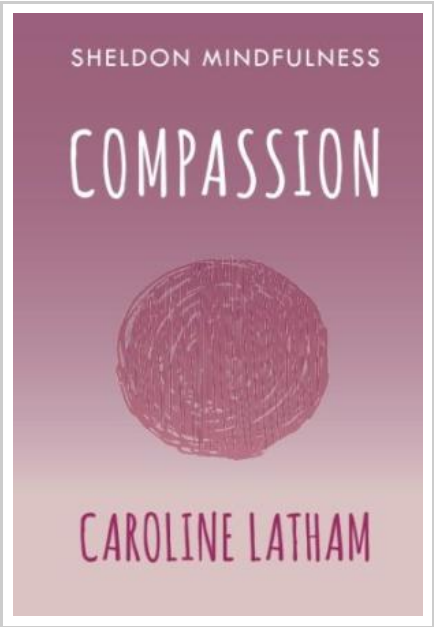


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Mindful Compassion for Everyday Life

By Caroline Latham

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