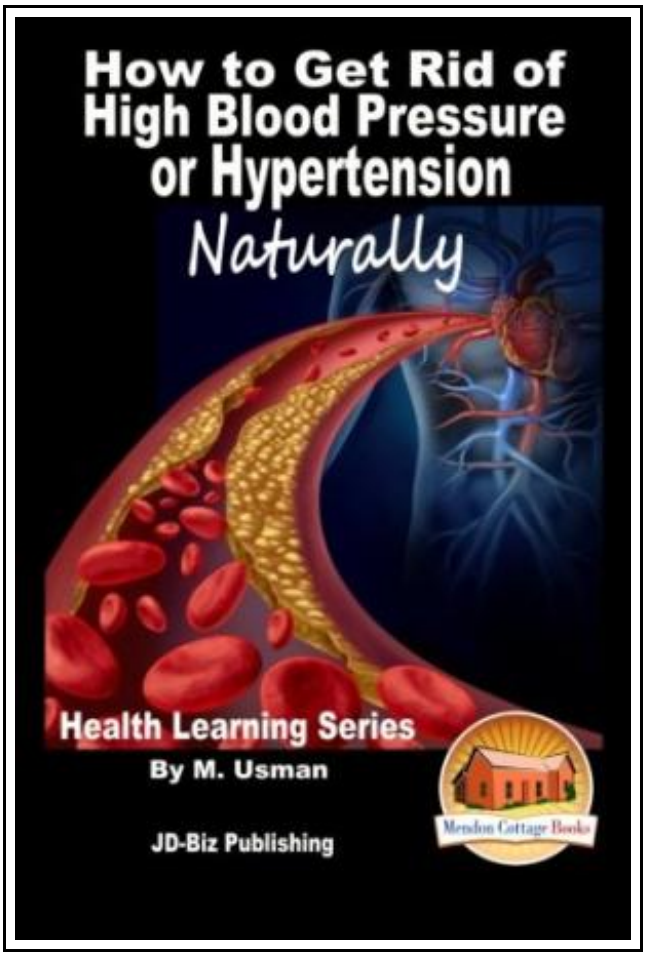
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Reviews

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(Carter Haag)

HOW TO GET RID OF HIGH BLOOD PRESSURE OR HYPERTENSION NATURALLY - HEALTH LEARNING SERIES (PAPERBACK)

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Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.How to Get Rid of High Blood Pressure or Hypertension Naturally - Health Learning Series Table of Contents. Introduction. Section one- Knowing hypertension. What is hypertension? Do you have hypertension? - Access by Symptoms. What causes hypertension? Health risks due to hypertension- Read Now! Section Two- Treatments of hypertension. Treatments of hypertension- An overview. Treat hypertension from common home stuff- Home remedies. Try some herbs. Change your life style. Be careful of what you eat. Medicines for hypertension- An effective remedy. Surgical correction of hypertension. Introduction. In the United States, about 77.9 million (1 out of 3) adults have high blood pressure. (American Heart Association, 2013 fact sheet) According to the same report, the prevalence of hypertension in the United States population is likely to increase by 7.2 in 2030 as compared to 2013. The American population spends a total of 52 billion $ for the treatment of hypertension and its associated complications. Hypertension is reported as one of the leading causes of death throughout the world. The death toll has significantly increased due to the hypertension induced stroke and heart attack. In the United States, about 69 of people who have a first heart attack, 77 who have a first stroke, and 74 who have a first congestive heart failure have blood pressure higher than 140/90 mmHg (American Heart Association, 2013 fact sheet) So, cure of hypertension is essential for healthy living and increasing life expectancy. If you are looking for effective remedies for hypertension, then How to get rid of hypertension? Read Now! is the book you need. This book gives a detailed yet quick review of all the homemade, herbal, allopathic and surgical remedies for...

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