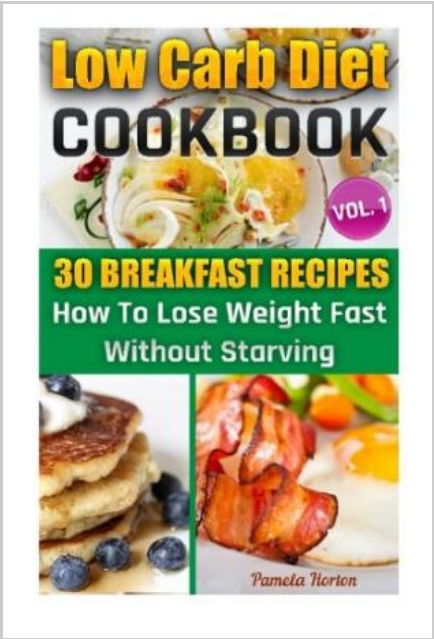


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Low Carb Diet Cookbook. Vol. 1. 30 Breakfast Recipes. How to Lose Weight Fast Without Starving: (High Protein, Low Carbohydrate Diet, Weight Loss, Low Carbohydrate Living) (Paperback)

By Pamela Horton

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Low Carb Diet Cookbook. Vol. 1 30 Breakfast Recipes. How To Lose Weight Fast Without Starving If you are looking for some low-carb breakfast ideas then this is the book for you it has a wide assortment of breakfast recipes that are low-carb and tasty! If you are looking for low-carb breakfast recipe ideas this tells me that you are someone that wants to choose healthier options when it comes to your meal planning. This is smart thinking on your behalf many more of us need to get on the eating healthier band wagon. In a world that is fast paced with fast foods on every corner, it can be a bit of a challenge staying on a completely healthy diet. Starting your day of with a healthy low-carb breakfast is certainly a good start to your day! Why should you download this book? If you are truly serious about starting to add healthier choices into your lifestyle it will certainly help you along your way if you have some healthy recipe ideas at hand. If you have...

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